

MT. HOOD

Burnt Lake – This moderate hike is a delight, passing through verdant forest and above a cascading waterfall to a lake reflecting Mount Hood. The hike is 8 miles out and back with 1,500 feet of elevation gain. You can continue uphill from Burnt Lake to a great view of Mount Hood at East Zigzag Mountain.

Timothy Lake/Little Crater Lake – Timothy Lake, a reservoir hidden by Mt. Hood, features four campgrounds, good fishing and a long trail system. Just a stone's throw from Timothy Lake is Little Crater Lake, which features deep sapphire waters. An easy trail begins at Little Crater Lake Campground and visits the small clear pool before running to a nice viewpoint of Timothy Lake. That hike is anywhere from 2 to 4 miles. The trail circling Timothy Lake is 12 miles and moderate difficulty for hikers.

Timberline Trail - The almost 40-mile trek circles Oregon's tallest mountain on a challenging route that offers views both of the mountain, waterfalls and wildflower covered meadows. Most people complete the route in 3 or 4 days depending on their level of fitness. There are plenty of backcountry campsites, but count on rugged backpacking conditions. Starting and ending at Timberline Lodge is a popular option.

CENTRAL OREGON

Green Lakes Trail - The 8.5 mile roundtrip hike to Green Lakes basecamp gains elevation gradually as it meanders along the beautiful Fall Creek with numerous it's small cascades. There are designated first-come, first serve campsites at Green Lakes which fill up very quickly. Campfires are not allowed. The trail is accessible from several trailheads: Green Lakes/Soda Creek, Moraine Lake, and Todd Lake.

Broken Top - The 23 mile loop around Broken Top provides epic views of the Three Sisters Wilderness and the central Oregon Cascades. In between panoramas, climb to the Broken Top crater and hike to opal blue No Name lake. To get to the trailhead turn off of US-20 onto 3 Creeks Road, follow the road for 16 miles and park in the 3 Creeks Lake Trailhead parking lot. Cross the road to the Tam MacArthur Rim Trailhead to start.

Matthieu Lakes – This easy-moderate, one night trip is filled with warm swimming holes and views of seven different peaks. The 6 mile trail winds through a forest flush with hemlock and fir while opening up into black lava flows. There are two main lakes on the trail that are perfect for swimming and camping. To get to the trailhead, turn off McKenzie Highway onto a gravel road to Lava Camp Lake Trailhead.

Wilderness permits are required for all trips and are available at the trailheads. Parking fees are \$5 per car, without a NW Forest Pass.