Health and Human Performance-Health Preteaching Course Plan

Catalog Year 2020-2021

Legend

* Major Requirement

Must be taken to fulfill major requirements.

† Major Elective

Must be taken to fulfill major requirements, or replaced with an equivalent course.

‡ Gen-Ed Requirement

Must be taken to fulfill general education requirements.

§ Elective

Can be chosen from a selection of courses.

See MyGFU for detailed academic requirements.

First Year

Fall Semester

First Aid and Safety (HLTH 230) *	1 credits
Drug Education (HLTH 210) *	2 credits
I Believe I (THEO 101) ‡	3 credits
Knowing and Being Known (LIBA 100) ‡	3 credits
Communication GE Requirement (COMM 100) ‡	3 credits
MATH GE Requirement ‡	3 credits
Semester Total	**15 credits**
Cumulative Total	**15 credits**

Spring Semester

General Psychology (PSYC 150) *	3 credits
I Believe II (THEO 102) ‡	3 credits
History/Politics/International Affairs GE Requirement ‡	3 credits
Natural Science GE Requirement ‡	4 credits
Elective Credit ‡	3 credits
Semester Total	**16 credits**
Cumulative Total	**31 credits**

Second Year

Fall Semester

Human Anatomy & Physiology I (BIOL 221) *	4 credits
Teaching as a Profession (EDUC 250) *	2 credits
Drug Education (HLTH 210) *	2 credits
Stress Management (HLTH 240) *	3 credits
HUMA 205 or Philosophy & Literature GE Requirement *	3 credits
Electives §	3 credits
Semester Total	**17 credits**
Cumulative Total	**48 credits**

Spring Semester

Human Anatomy & Physiology II (BIOL 222) *	4 credits
Statistical Procedures (PSYC 240 or MATH 240) *	3 credits
HUMA 290 or Fine Arts GE Requirement ‡	3 credits
Electives §	6 credits
Semester Total	**16 credits**
Cumulative Total	**64 credits**

Third Year

Fall Semester

Kinesiology (HHPE 394) *	3 credits
Contemporary Health Issues (HLTH 320) *	3 credits
Health and Physical Education Methods (EDUC 334) *	3 credits
Nutrition (HLTH 300) *	3 credits
Sociology of Families (HLTH 323) *	3 credits
Semester Total	**15 credits**
Cumulative Total	**79 credits**

Spring Semester

Exercise Physiology (HHPE 430) *	3 credits
Intercultural GE Requirement ‡	3 credits
Electives §	9 credits
Semester Total	**15 credits**
Cumulative Total	**94 credits**

Fourth Year

Fall Semester

Engaging Christ in Transition (LIBA 400) ‡	3 credits
Senior Seminar (HHPE 490) *	1 credits

Bible Elective GE Requirement (BIBL 215/315 or RELI 215) ‡	3 credits
Electives §	9 credits
Semester Total	**16 credits**
Cumulative Total	**110 credits**

Spring Semester

Org/Admin of Sport & Physical Education (HHPE 360) *	2 credits
Physical Education for the Exceptional Student (HHPE 460) *	3 credits
Elective Credits §	10 credits
Semester Total	**15 credits**
Cumulative Total	**125 credits**

Notes