

# Health and Human Performance-Health Preteaching Course Plan

## Catalog Year 2020-2021

### Legend

**\* Major Requirement**

Must be taken to fulfill major requirements.

**† Major Elective**

Must be taken to fulfill major requirements, or replaced with an equivalent course.

**‡ Gen-Ed Requirement**

Must be taken to fulfill general education requirements.

**§ Elective**

Can be chosen from a selection of courses.

*See MyGFU for detailed academic requirements.*

### First Year

#### Fall Semester

First Aid and Safety (HLTH 230) *	1 credits
Drug Education (HLTH 210) *	2 credits
I Believe I (THEO 101) ‡	3 credits
Knowing and Being Known (LIBA 100) ‡	3 credits
Communication GE Requirement (COMM 100) ‡	3 credits
MATH GE Requirement ‡	3 credits
<b>Semester Total</b>	<b>15 credits</b>
<b>Cumulative Total</b>	<b>15 credits</b>

#### Spring Semester

General Psychology (PSYC 150) *	3 credits
I Believe II (THEO 102) ‡	3 credits
History/Politics/International Affairs GE Requirement ‡	3 credits
Natural Science GE Requirement ‡	4 credits
Elective Credit ‡	3 credits
<b>Semester Total</b>	<b>16 credits</b>
<b>Cumulative Total</b>	<b>31 credits</b>

## Second Year

### Fall Semester

Human Anatomy & Physiology I (BIOL 221) *	4 credits
Teaching as a Profession (EDUC 250) *	2 credits
Drug Education (HLTH 210) *	2 credits
Stress Management (HLTH 240) *	3 credits
HUMA 205 or Philosophy & Literature GE Requirement *	3 credits
Electives §	3 credits
<b>Semester Total</b>	<b>17 credits</b>
<b>Cumulative Total</b>	<b>48 credits</b>

### Spring Semester

Human Anatomy & Physiology II (BIOL 222) *	4 credits
Statistical Procedures (PSYC 240 or MATH 240) *	3 credits
HUMA 290 or Fine Arts GE Requirement ‡	3 credits
Electives §	6 credits
<b>Semester Total</b>	<b>16 credits</b>
<b>Cumulative Total</b>	<b>64 credits</b>

## Third Year

### Fall Semester

Kinesiology (HHPE 394) *	3 credits
Contemporary Health Issues (HLTH 320) *	3 credits
Health and Physical Education Methods (EDUC 334) *	3 credits
Nutrition (HLTH 300) *	3 credits
Sociology of Families (HLTH 323) *	3 credits
<b>Semester Total</b>	<b>15 credits</b>
<b>Cumulative Total</b>	<b>79 credits</b>

### Spring Semester

Exercise Physiology (HHPE 430) *	3 credits
Intercultural GE Requirement ‡	3 credits
Electives §	9 credits
<b>Semester Total</b>	<b>15 credits</b>
<b>Cumulative Total</b>	<b>94 credits</b>

## Fourth Year

### Fall Semester

Engaging Christ in Transition (LIBA 400) ‡	3 credits
Senior Seminar (HHPE 490) *	1 credits

Bible Elective GE Requirement (BIBL 215/315 or RELI 215) ‡	3 credits
Electives §	9 credits
<b>Semester Total</b>	<b>16 credits</b>
<b>Cumulative Total</b>	<b>110 credits</b>

### Spring Semester

Org/Admin of Sport & Physical Education (HHPE 360) *	2 credits
Physical Education for the Exceptional Student (HHPE 460) *	3 credits
Elective Credits §	10 credits
<b>Semester Total</b>	<b>15 credits</b>
<b>Cumulative Total</b>	<b>125 credits</b>

## Notes