

Health and Human Performance- Physical Education Preteaching Course Plan

Catalog Year 2019-2020

Legend

*** Major Requirement**

Must be taken to fulfill major requirements.

† Major Elective

Must be taken to fulfill major requirements, or replaced with an equivalent course.

‡ Gen-Ed Requirement

Must be taken to fulfill general education requirements.

§ Elective

Can be chosen from a selection of courses.

See MyGFU for detailed academic requirements.

First Year

Fall Semester

First Aid and Safety (HLTH 230) *	1 credits
History and Principles of Physical Education (HHPE 200) *	2 credits
I Believe I (THEO 101) ‡	3 credits
Knowing and Being Known (LIBA 100) ‡	3 credits
Math GE Requirement ‡	3 credits
Communication GE Requirement (COMM 100) ‡	3 credits
Semester Total	15 credits
Cumulative Total	15 credits

Spring Semester

General Psychology (PSYC 150) *	3 credits
Tumbling/Gymnastics (HHPE 223) *	1 credits
I Believe II (THEO 102) ‡	3 credits
Natural Science GE Requirement ‡	4 credits
History/Politics GE Requirement ‡	3 credits
Lifelong Fitness (HHPA 120) ‡	2 credits
Semester Total	16 credits

Cumulative Total **31 credits**

Second Year

Fall Semester

Anatomy & Physiology I (BIOL 221) *	4 credits
Teaching as a Profession (EDUC 250) *	2 credits
Field Sports (HHPE 222) *	1 credits
Aquatics (HHPA 130) *	1 credits
Drug Education (HLTH 210) *	2 credits
HUMA 205 or Philosophy and Literature GE Requirement ‡	3 credits
Elective Credits §	3 credits
Semester Total	16 credits
Cumulative Total	47 credits

Spring Semester

Anatomy & Physiology II (BIOL 222) *	4 credits
Basketball/Golf (HHPE 221) *	1 credits
Coaching Theory & Practice (HHPE 300) *	2 credits
HUMA 290 or Fine Arts GE Requirement ‡	3 credits
Elective Credits §	6 credits
Semester Total	16 credits
Cumulative Total	63 credits

Third Year

Fall Semester

Tennis/Volleyball (HHPE 226) *	1 credits
Kinesiology (HHPE 394) *	3 credits
Health & Physical Education Methods (EDUC 334) *	3 credits
Ballroom Dance (HHPA 109) *	1 credits
Tests & Measurements in Physical Education (HHPE 480) †	2 credits
Elective Credits §	6 credits
Semester Total	16 credits
Cumulative Total	79 credits

Spring Semester

Org & Admin of Sport and Physical Education (HHPE 360) *	2 credits
Exercise Physiology (HHPE 430) *	3 credits
Org & Admin of Sport and Physical Education (HHPE 360) *	2 credits
Motor Development & Motor-Skill Learning (HHPE 470) *	3 credits
Intercultural GE Requirement ‡	3 credits
Elective Credits §	3 credits
Semester Total	16 credits

Cumulative Total

95 credits

Fourth Year

Fall Semester

Exercise Prescription (HHPE 420) *
Major Restricted Elective *
Senior Seminar (HHPE 490) *
Engaging Christ in Transition (LIBA 400) ‡
Elective Credits §
Semester Total
Cumulative Total

3 credits
2 credits
1 credits
3 credits
7 credits
16 credits
111 credits

Spring Semester

Teaching Physical Education (HHPE 410) *
Physical Education for the Exceptional Student (HHPE 460) *
Elective Credits §
Semester Total
Cumulative Total

2 credits
3 credits
10 credits
15 credits
126 credits