

# Health and Human Performance- Physical Education Preteaching Course Plan

## Catalog Year 2019-2020

### Legend

**\* Major Requirement**

Must be taken to fulfill major requirements.

**† Major Elective**

Must be taken to fulfill major requirements, or replaced with an equivalent course.

**‡ Gen-Ed Requirement**

Must be taken to fulfill general education requirements.

**§ Elective**

Can be chosen from a selection of courses.

*See MyGFU for detailed academic requirements.*

### First Year

#### Fall Semester

First Aid and Safety (HLTH 230) *	1 credits
History and Principles of Physical Education (HHPE 200) *	2 credits
I Believe I (THEO 101) ‡	3 credits
Knowing and Being Known (LIBA 100) ‡	3 credits
Math GE Requirement ‡	3 credits
Communication GE Requirement (COMM 100) ‡	3 credits
<b>Semester Total</b>	<b>15 credits</b>
<b>Cumulative Total</b>	<b>15 credits</b>

#### Spring Semester

General Psychology (PSYC 150) *	3 credits
Tumbling/Gymnastics (HHPE 223) *	1 credits
I Believe II (THEO 102) ‡	3 credits
Natural Science GE Requirement ‡	4 credits
History/Politics GE Requirement ‡	3 credits
Lifelong Fitness (HHPA 120) ‡	2 credits
<b>Semester Total</b>	<b>16 credits</b>

**Cumulative Total** **31 credits**

## **Second Year**

### **Fall Semester**

Anatomy & Physiology I (BIOL 221) *	4 credits
Teaching as a Profession (EDUC 250) *	2 credits
Field Sports (HHPE 222) *	1 credits
Aquatics (HHPA 130) *	1 credits
Drug Education (HLTH 210) *	2 credits
HUMA 205 or Philosophy and Literature GE Requirement ‡	3 credits
Elective Credits §	3 credits
<b>Semester Total</b>	<b>16 credits</b>
<b>Cumulative Total</b>	<b>47 credits</b>

### **Spring Semester**

Anatomy & Physiology II (BIOL 222) *	4 credits
Basketball/Golf (HHPE 221) *	1 credits
Coaching Theory & Practice (HHPE 300) *	2 credits
HUMA 290 or Fine Arts GE Requirement ‡	3 credits
Elective Credits §	6 credits
<b>Semester Total</b>	<b>16 credits</b>
<b>Cumulative Total</b>	<b>63 credits</b>

## **Third Year**

### **Fall Semester**

Tennis/Volleyball (HHPE 226) *	1 credits
Kinesiology (HHPE 394) *	3 credits
Health & Physical Education Methods (EDUC 334) *	3 credits
Ballroom Dance (HHPA 109) *	1 credits
Tests & Measurements in Physical Education (HHPE 480) †	2 credits
Elective Credits §	6 credits
<b>Semester Total</b>	<b>16 credits</b>
<b>Cumulative Total</b>	<b>79 credits</b>

### **Spring Semester**

Org & Admin of Sport and Physical Education (HHPE 360) *	2 credits
Exercise Physiology (HHPE 430) *	3 credits
Org & Admin of Sport and Physical Education (HHPE 360) *	2 credits
Motor Development & Motor-Skill Learning (HHPE 470) *	3 credits
Intercultural GE Requirement ‡	3 credits
Elective Credits §	3 credits
<b>Semester Total</b>	<b>16 credits</b>

**Cumulative Total**

**95 credits**

## **Fourth Year**

### **Fall Semester**

Exercise Prescription (HHPE 420) \*  
Major Restricted Elective \*  
Senior Seminar (HHPE 490) \*  
Engaging Christ in Transition (LIBA 400) ‡  
Elective Credits §  
**Semester Total**  
**Cumulative Total**

3 credits  
2 credits  
1 credits  
3 credits  
7 credits  
**16 credits**  
**111 credits**

### **Spring Semester**

Teaching Physical Education (HHPE 410) \*  
Physical Education for the Exceptional Student (HHPE 460) \*  
Elective Credits §  
**Semester Total**  
**Cumulative Total**

2 credits  
3 credits  
10 credits  
**15 credits**  
**126 credits**