

Health and Human Performance-Health Preteaching Course Plan

Catalog Year 2019-2020

Legend

*** Major Requirement**

Must be taken to fulfill major requirements.

† Major Elective

Must be taken to fulfill major requirements, or replaced with an equivalent course.

‡ Gen-Ed Requirement

Must be taken to fulfill general education requirements.

§ Elective

Can be chosen from a selection of courses.

See MyGFU for detailed academic requirements.

First Year

Fall Semester

| | |
|---|-------------------|
| First Aid and Safety (HLTH 230) * | 1 credits |
| History and Principles of Physical Education (HHPE 200) * | 3 credits |
| I Believe I (THEO 101) ‡ | 3 credits |
| Knowing and Being Known (LIBA 100) ‡ | 3 credits |
| Communication GE Requirement (COMM 100) ‡ | 3 credits |
| MATH GE Requirement ‡ | 3 credits |
| Semester Total | 16 credits |
| Cumulative Total | 16 credits |

Spring Semester

| | |
|---|-------------------|
| General Psychology (PSYC 150) * | 3 credits |
| I Believe II (THEO 102) ‡ | 3 credits |
| History/Politics/International Affairs GE Requirement ‡ | 3 credits |
| Natural Science GE Requirement ‡ | 4 credits |
| Elective Credit ‡ | 3 credits |
| Semester Total | 16 credits |
| Cumulative Total | 32 credits |

Second Year

Fall Semester

| | |
|--|-------------------|
| Human Anatomy & Physiology I (BIOL 221) * | 4 credits |
| Teaching as a Profession (EDUC 250) * | 2 credits |
| Drug Education (HLTH 210) * | 2 credits |
| Stress Management (HLTH 240) * | 3 credits |
| HUMA 205 or Philosophy & Literature GE Requirement * | 3 credits |
| Electives § | 3 credits |
| Semester Total | 17 credits |
| Cumulative Total | 49 credits |

Spring Semester

| | |
|---|-------------------|
| Human Anatomy & Physiology II (BIOL 222) * | 4 credits |
| Statistical Procedures (PSYC 240 or MATH 240) * | 3 credits |
| HUMA 290 or Fine Arts GE Requirement ‡ | 3 credits |
| Electives § | 6 credits |
| Semester Total | 16 credits |
| Cumulative Total | 65 credits |

Third Year

Fall Semester

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|--|-------------------|
| Kinesiology (HHPE 394) * | 3 credits |
| Contemporary Health Issues (HLTH 320) * | 3 credits |
| Health and Physical Education Methods (EDUC 334) * | 3 credits |
| Nutrition (HLTH 300) * | 3 credits |
| Sociology of Families (HLTH 323) * | 3 credits |
| Semester Total | 15 credits |
| Cumulative Total | 80 credits |

Spring Semester

| | |
|----------------------------------|-------------------|
| Exercise Physiology (HHPE 430) * | 3 credits |
| Intercultural GE Requirement ‡ | 3 credits |
| Electives § | 9 credits |
| Semester Total | 15 credits |
| Cumulative Total | 95 credits |

Fourth Year

Fall Semester

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|--|-----------|
| Engaging Christ in Transition (LIBA 400) ‡ | 3 credits |
| Senior Seminar (HHPE 490) * | 1 credits |

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| Bible Elective GE Requirement (BIBL 215/315 or RELI 215) ‡ | 3 credits |
| Electives § | 9 credits |
| Semester Total | 16 credits |
| Cumulative Total | 111 credits |

Spring Semester

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|---|--------------------|
| Org/Admin of Sport & Physical Education (HHPE 360) * | 2 credits |
| Physical Education for the Exceptional Student (HHPE 460) * | 3 credits |
| Elective Credits § | 10 credits |
| Semester Total | 15 credits |
| Cumulative Total | 126 credits |

Notes