

# Exercise Science Course Plan

## Catalog Year 2019-2020

### Legend

**\* Major Requirement**

Must be taken to fulfill major requirements.

**† Major Elective**

Must be taken to fulfill major requirements, or replaced with an equivalent course.

**‡ Gen-Ed Requirement**

Must be taken to fulfill general education requirements.

**§ Elective**

Can be chosen from a selection of courses.

*See MyGFU for detailed academic requirements.*

### First Year

#### Fall Semester

General Chemistry (CHEM 211) *	4 credits
Knowing and Being Known (LIBA 100) ‡	3 credits
I Believe I (THEO 101) ‡	3 credits
*MATH GE Requirement (MATH 190 or higher) ‡	4 credits
Intro to Exercise Science (HHPE 285) †	2 credits
<b>Semester Total</b>	<b>16 credits</b>
<b>Cumulative Total</b>	<b>16 credits</b>

#### Spring Semester

General Chemistry (CHEM 212) *	4 credits
General Psychology (PSYC 150) *	3 credits
I Believe II (THEO 102) ‡	3 credits
Introduction to Communication (COMM 100) ‡	3 credits
Lifelong Fitness (HHPA 120) ‡	2 credits
<b>Semester Total</b>	<b>15 credits</b>
<b>Cumulative Total</b>	<b>31 credits</b>

## Second Year

### Fall Semester

Human Anatomy & Physiology (BIOL 221) *	4 credits
Care and Prevention of Athletic Injuries (HHPE 390) *	3 credits
Statistical Procedures (Can be PSYC 240 or MATH 240) (PSYC 240) *	3 credits
Bible Elective GE Requirement (BIBL 215/315 or RELI 215) ‡	3 credits
HUMA 290 or Fine Arts GE Requirement ‡	3 credits
<b>Semester Total</b>	<b>16 credits</b>
<b>Cumulative Total</b>	<b>47 credits</b>

### Spring Semester

Human Anatomy & Physiology (BIOL 222) *	4 credits
History/Politics/International Affairs GE Requirement ‡	3 credits
HUMA 205 or Philosophy & Literature GE Requirement ‡	3 credits
Elective Credits §	6 credits
<b>Semester Total</b>	<b>16 credits</b>
<b>Cumulative Total</b>	<b>63 credits</b>

## Third Year

### Fall Semester

General Physics (PHYS 201) *	4 credits
Kinesiology (HHPE 394) *	3 credits
*Additional Major Elective Requirement (Some courses are offered in alternative years; plan accordingly) *	2 credits
Elective Credit §	6 credits
Internships: Finding/Succeeding (CPAS 216 optional/recommended) §	1 credits
<b>Semester Total</b>	<b>16 credits</b>
<b>Cumulative Total</b>	<b>79 credits</b>

### Spring Semester

General Physics (PHYS 202) *	4 credits
Exercise Physiology and Lab (HHPE 430) *	3 credits
Intercultural GE Requirement ‡	3 credits
Elective Credits §	6 credits
<b>Semester Total</b>	<b>16 credits</b>
<b>Cumulative Total</b>	<b>95 credits</b>

## Fourth Year

### Fall Semester

HHP Field Experience (HHPE 475) *	3 credits
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Senior Seminar (HHPE 490 ) *	1 credits
*Biology Elective Requirement (Some courses are offered in alternative years; plan accordingly) †	4 credits
Navigating College to Career (CPAS 318 optional/recommended) §	1 credits
Elective Credits §	7 credits
<b>Semester Total</b>	<b>16 credits</b>
<b>Cumulative Total</b>	<b>111 credits</b>

### Spring Semester

**Motor Development and Motor Skill Learning (HHPE 470) *	3 credits
*Additional Elective Requirement (Some courses are offered in alternative years; plan accordingly) *	3 credits
Engaging Christ in Transition (LIBA 400) ‡	3 credits
Elective Credits §	6 credits
<b>Semester Total</b>	<b>15 credits</b>
<b>Cumulative Total</b>	<b>126 credits</b>