

KRISTEN M. WHITE, PSY.D.

kristen@kristenmwhite.com

TEACHING & ADMINISTRATIVE EXPERIENCE

08/24 – Present

PROFESSOR & DIRECTOR OF SPIRITUAL INTEGRATION
George Fox University ~ (503) 554-6024

Teaching and supervising full-time in the MA counseling program, both online and on-campus. Also working as the director of spiritual integration to plan extra-curriculars, electives, and possibly a certificate for students wishing to delve deeper into the intersection of faith and counseling.

04/17 – 08/24

PROFESSOR & DIRECTOR OF GRADUATE COUNSELING
Multnomah University ~ (503) 251- 6402

Teaching and supervising full-time, primarily in the on-campus MA Counseling program. Additionally managed the administrative side of the program for 6 years, overseeing the CACREP accreditation and most other administrative aspects of the program, while building 3 new and related programs.

05/16 – 06/17

DIRECTOR OF CLINICAL TRAINING
California Baptist University, Online (OPS) Program ~ (951) 343-3937

Overseeing the practicum experience for all students in the OPS MSCP program. Responsible for ensuring they secure a BBS-compliant site, complete all required paperwork throughout the training process, and successfully finish both their training and didactic therapy hours. Also managing issues as they arise.

08/13 – 06/17

ASSISTANT PROFESSOR
California Baptist University, Online (OPS) Program ~ (951) 343-3937

As a member of core faculty, teaching 8 and 16-week psychology courses in the undergraduate and master's programs. Some classes are entirely on-line and some are hybrid. Also building and revising classes for both programs.

01/11 – 08/13

ADJUNCT PROFESSOR
Argosy University ~ Orange, CA ~ (714) 620-3700

Taught 8 to 16-week clinical courses in the Master's program in Counseling Psychology/MFT. Lectures and interactions took place in-person and on-line.

08/12 – 05/13

ADJUNCT PROFESSOR
Rosemead School of Psychology ~ La Mirada, CA ~ (562) 903-6000

Taught a year-long, practicum consultation course and a lab course in group therapy to doctoral students in clinical psychology. Responsible for designing lectures/assignments, facilitating interaction, supervising lab groups, etc.

EDUCATION

- 08/04 – 08/10 ROSEMEAD SCHOOL OF PSYCHOLOGY ~ La Mirada, CA
M.A., Clinical Psychology awarded 05/06. Psy.D. awarded 08/10. GPA: 3.98.
- 08/97 – 05/01 POINT LOMA NAZARENE UNIVERSITY ~ San Diego, CA
B.A., Philosophy & Theology, minor in Psychology; graduated Summa Cum Laude and with distinction. Valedictorian of the graduating class of 2001.

SAMPLING OF COURSES TAUGHT

<i>Undergraduate</i>	<i>Graduate (Master's), continued</i>
Abnormal Psychology	Human Communication in Group Process
Epistemology & Worldview	Human Sexuality
General Psychology	Introduction to Psychological Testing
Foundational Skills in Beh. Sciences	Maladaptive Behavior & Psychopathology
Tests & Measurement	MFT Counseling Techniques
Theories of Personality	MFT Counseling Theory
	Pre-Practicum, Practicum I & II
<i>Graduate (Master's)</i>	Professional & Ethical Issues
Addictions Counseling	Professional Group II
Aging & Mental Health	Professional Practice Seminar II
Child & Adolescent Counseling	Psychodiagnostics
Christian Perspectives on Prof. Couns.	Spiritual Formation
Counseling Skills I	
Couples & Family Counseling	<i>Graduate (Doctoral)</i>
Domestic Violence	Consultation Group on EBP & Integration
Family Therapy	Psychotherapy with Groups

LICENSES & CERTIFICATIONS RECEIVED

- Sept 2019 – June 2020 SPIRITUAL FORMATION CERTIFICATION
Completed an 18-month program through SoulFormation (<https://www.soulformation.org>) to learn how to lead others in intentional and holistic spiritual formation, including group spiritual direction.
- 05/17/17 - Current OREGON PSYCHOLOGY LICENSE
- 06/14/13 – 06/15/14 TELEMENTAL HEALTH CERTIFICATION
Completed 40 continuing education units to complete a certification in utilizing telemental health in an evidence-based manner. Covered topics such as managing liability and risk, decreasing overhead, increasing profits, reaching new clients, and establishing professional competency.
-

LICENSES & CERTIFICATIONS RECEIVED (continued)

08/19/13 - 08/28/13	ONLINE TEACHING & LEARNING CERTIFICATION Attended a 4-day seminar through California Baptist University to learn cutting edge methods of incorporating a variety of technology into online and hybrid classes to maximize learning and participation.
12/15/11 - Current	CALIFORNIA PSYCHOLOGY LICENSE
06/02/06 – 06/04/06	RELATIONSHIP ENHANCEMENT (RE) PROGRAM EDUCATOR/LEADER After a 3-day seminar, authorized to lead RE programs.
05/06/06	PREPARE/ENRICH COUNSELOR Authorized to administer, score, and counsel with PREPARE/ENRICH.

PUBLICATIONS

- White, K. M. (2020). Conceptualizing therapy as a spiritual discipline. *Journal of Psychology and Theology, 39*(2), 91-103.
- White, K. M. (2016). 3 steps to effective self-care for busy moms (aka all moms!). *MommyRN, online, 06/29/16*, <http://mommyrnblog.com/3-steps-effective-self-care-busy-moms-aka-moms/>
- White, K. M. (2016). Summer dreaming: 3 tips for success. *Hello Dearest, online, 05/31/16*. <http://www.hellodearest.org/summer-dreaming/>
- Frederick, T., & White, K. M. (2015). Mindfulness, Christian devotion meditation, surrender, and worry. *Mental Health, Religion, and Culture, online, 11/17/15*. DOI: 10.1080/13674676.2015.1107892.
- White, K. M. (2014). Mindful eating for children [Review of the book *Kids, carrots, and candy: A practical approach to raising children free of food and weight problems*]. *Journal of Psychology & Theology, 42*(3), 308-309.
- White, K. M. (2014). Understanding “the shock machine” [Review of the book *Behind the shock machine: The untold story of the notorious Milgram psychology experiments*]. *Journal of Psychology & Theology, 42*(2), 125-126.
- Puff, R., & White, K. M. (2013). *Holistic Success: How to dance through life with the abandon of a child and skill of a master*. Newport Beach: CreateSpace.
- White, K. M., & Barrios, J. (2013). *Diet free forever: Level I – mindful eating companion workbook*. Chino: High Places Wellness, Inc.
- White, K. M., & Barrios, J. (2013). *Diet free forever: Level II – emotional eating companion workbook*. Chino: High Places Wellness, Inc.

PUBLICATIONS (continued)

White, K. M., & Barrios, J. (2013). *Diet free forever: Level III – obstacles to health companion workbook*. Chino: High Places Wellness, Inc.

White, K. M., & Barrios, J. (Writers & Producers). (2012). *Diet Free Forever: Level I – Mindful Eating* (CD). Chino: High Places Wellness, Inc.

White, K. M., & Barrios, J. (Writers & Producers). (2012). *Diet Free Forever: Level II – Emotional Eating* (CD). Chino: High Places Wellness, Inc.

White, K. M., & Barrios, J. (Writers & Producers). (2012). *Diet Free Forever: Level III – Obstacles to Health* (CD). Chino: High Places Wellness, Inc.

White, K. M. (2011). *R u red-e 4 conflict? Speaking human in the digital age* [E-book}. Orange: Triumphant Heart International.

CLINICAL WORK EXPERIENCE

02/16 – Present

PRIVATE PRACTICE

Chino, CA & Portland, OR

Opened a private practice in Chino; transitioned it to Portland in 2018. Currently working toward EFT certification.

06/07 – 06/09,
07/10 – 02/16

STAFF THERAPIST

Biola Counseling Center ~ La Mirada, CA ~ (562) 903-4800

Supervisors: Betsy Barber, Psy.D., Meridith Phanco, Ph.D.

Managed a caseload of children, adults, and couple clients. Conducted weekly sessions with each client in a variety of modalities, ranging from psychodynamic to CBT to play therapy to a process group. Supervised graduate students. Also responsible for supervising the clinic's emergency pager twice/year.

07/10 – 02/11

PSYCHOLOGICAL ASSISTANT

La Vie Counseling Center ~ Pasadena, CA ~ (626) 351-9616

Supervisors: Andrea Forbes, Psy.D., Michelle Spearman, Psy.D., Mark Baker, Ph.D.

Managed a caseload of children, adults, and couples clients. Conducted weekly sessions with each client in a variety of modalities, ranging from CBT to psychodynamic. Responsible for carrying the clinic's emergency beeper for two weeks per year.

10/06 – 05/07

LABORATORY SUPERVISOR

Rosemead School of Psychology ~ La Mirada, CA ~ (562) 903-6000

Supervisors: Keith Edwards, Ph.D., Ph.D., Cherry Steinmeier, Psy.D.

Led two labs for graduate students—on couples and beginning clinical skills. Also led a lab for undergraduate students in a psychology of marriage class. Attended weekly supervision with the faculty supervisors for feedback.

CLINICAL PRACTICA/INTERNSHIP

- 07/09 – 06/10 SAN BERNARDINO COUNTY (SBC) (2,000 hours completed)
Fontana, CA ~ (909) 854-3420
Supervisors: Timothy Hougen, Ph.D., Vicki McWain, Ph.D., & Kipp Thorn, Ph.D.
- Completed a 12-month, full-time, APA-accredited internship with the Department of Behavioral Health at San Bernardino County. Carried a caseload of 12-18 individual clients (i.e., children and adults) and led three groups. Performed intakes every week and psychoeducational/psychological assessments every month. Designed and tested a series of on-line courses for AB2726. Also responsible for some crisis intervention, day treatment, case management, and clinical supervision.
- 08/07 – 06/09 UNITED AMERICAN INDIAN INVOLVEMENT (1,000 hours completed)
Los Angeles, CA ~ (213) 202-3977
Supervisor: Jennifer Lingenfelter, Psy.D.
- Managed a caseload of six, ethnically diverse, more severely mentally ill clients (children and adults). Conducted weekly individual therapy sessions with each client in a variety of modalities, ranging from play therapy to supportive therapy; some sessions conducted in the home setting. Also participated in equine assisted therapy and co-led an adolescent group. Conducted psychological assessment with children and adults, with an emphasis on providing culturally sensitive testing for the urban, American Indian community. Completed DMH paperwork.
- 06/06 – 05/07 BIOLA COUNSELING CENTER (BCC) (650 hours completed)
La Mirada, CA ~ (562) 903-4800
Supervisor: Melanie Taylor, Psy.D.
- Managed a caseload of 8-10 clients at a community and university counseling center. Conducted weekly individual or couples therapy sessions with each client in a variety of modalities, ranging from cognitive-behavioral to psychodynamic. Also completed ten intakes. Attended weekly training sessions on a variety of topics, including eating disorders, suicidality, and therapy with children.
- 09/05 – 05/06 LA HABRA SCHOOL DISTRICT (250 hours completed)
La Habra, CA ~ (562) 697-0471
Supervisors: Dan Martin, M.A. & Donna Huson, Ph.D.
- Worked as an extern at Washington Middle School and Walnut Elementary school. Tested children and adolescents for learning disabilities, emotional disturbances, and other health impairments. Completed reports and attended IEP/504 meetings.
- 09/05 – 05/06 BIOLA COUNSELING CENTER (BCC) (200 hours completed)
La Mirada, CA
(562) 903-4800
Supervisor: Donna Huson, Ph.D.
- Conducted weekly individual therapy sessions with two adult clients in a Rogerian modality. Also completed six intakes. Received 1.5 hours of weekly, group supervision with a licensed psychologist, including review of audio tapes.

CLINICAL LAB COURSES

- 02/09 – 05/09 **GROUP THERAPY**
Supervisor: Matt Tatum, M.A. & Tamara L. Anderson, Ph.D.
- Co-led a psychotherapy group for undergraduate students for ten weeks. Supervised by a master's level student and a licensed, clinical psychologist.
- 08/07 – 12/07 **GESTALT PSYCHOTHERAPY**
Supervisor: Rob Cochran, M.A. & William Worden, Ph.D.
- Conducted short, Gestalt therapy sessions with other students over the course of 8 weeks. Supervised by a master's level student or a licensed, clinical psychologist.
- 01/07 – 05/07 **CLINICAL SUPERVISION & CONSULTATION**
Supervisor: Tamara L. Anderson, Ph.D.
- Supervised another graduate student once per week on one of his individual therapy clients for 10 weeks. Supervised by a licensed, clinical psychologist.
- 08/06 – 05/07 **PSYCHODYNAMIC THERAPY**
Supervisors: Paul Hewitt, M.A. & Nancy Duvall, Ph.D.
- Conducted psychodynamic therapy once to twice per week with a practicum client. Supervised by a master's level student and a licensed, clinical psychologist.
- 01/06 – 05/06 **PSYCHOTHERAPY WITH COUPLES**
Supervisors: Mike Ganz, M.A. & Keith Edwards, Ph.D., Ph.D.
- Conducted couples therapy with a premarital couple for 10 weeks. Supervised by a master's level student and a licensed, clinical psychologist.
- 08/05 – 12/05 **COGNITIVE-BEHAVIORAL THERAPY**
Supervisors: Laura Pedigo, M.A. & William McQueen, Jr., Ph.D.
- Conducted CBT with an analog client for 11 weeks. Supervised by a master's level student and a licensed, clinical psychologist.
- 01/05 – 05/05 **PREPRACTICUM**
Supervisors: Dan Pelton, M.A. & Debbie Smith, Psy.D.
- Conducted ten hours of individual therapy in a Rogerian modality. Also observed ten hours of therapy conducted by a peer. Supervised in vivo by a master's level teaching assistant and via videotape by a psychologist.

PROFESSIONAL AFFILIATIONS

- 07/18 - Present Association for Counselor Education and Supervision
- 07/17 – Present American Counseling Association (ACA)
- 03/06 – Present American Psychological Association (APA)
- 03/12 – 2016 California Psychological Association (CPA)
- 09/14 – 2016 California Association of Marriage & Family Therapists (CAMFT)

PRESENTATIONS GIVEN

- 10/14/22 WESTERN ASSOCIATION FOR COUNSELOR ED. & SUPERVISION
Co-led a round-table on integrating religion & spirituality into counselor education and a panel on self-care in counselor education.
- 10/10/19 ASERVIC SPIRITUAL COMPETENCIES: NEXT STEPS TOWARD CLASSROOM IMPLEMENTATION
Co-led a roundtable regarding how to implement the updated (2009) ASERVIC competencies in counselor education.
- 09/22/18 ETHICS IN TELEHEALTH
Co-taught a 3-hour seminar for counselors regarding ethical concerns and how to address them in telehealth.
- 04/12/16 – 12/31/16 THE MOM DEGREE
Recorded bi-monthly vlogs on youtube regarding self-care, parenting, relationships and more.
- 04/20/15 & 04/20/16 SURVIVING THE ‘LITTLE’ YEARS
Provided a seminar with psychoeducation and experiential tools to two MOPS (Mothers of Preschoolers) groups.
- 10/25/11 WEIGHT LOSS FAILURE: ME OR MY DIET?
Co-led a lunchtime seminar educating women about why diets don’t work.
- 03/10/11 BRAVING THE COLLEGE YEARS...FOR PARENTS
Led an evening discussion and lecture for parents of college students regarding the issues that their students are facing (or likely to face) in college as well as tips to deal with these issues.
- 02/16/11 PAIN IN RELATIONSHIPS
Participated on a panel for college students regarding how to deal with pain in relationships, recognize when a relationship is unhealthy, etc.
- 05/21/10 WORKING IN THE NATIVE AMERICAN COMMUNITY: HISTORY, TREATMENT PHILOSOPHY, & CLINICAL INTERVENTIONS
Gave a two-hour training seminar on working with the Native American community, covering history, treatment issues, and clinical interventions.
- 04/20/10 DEALING WITH DIVORCE
Provided an evening seminar to college students on the benefits of marriage and the impact of divorce on children/young adults. Included spiritual implications related to the topic.

SEMINARS ATTENDED

- 08/10/20 – 08/13/20;
09/03/20 – 09/04/20;
10/01/20 – 10/02/20
- EMOTION FOCUSED INDIVIDUAL THERAPY (EFIT)
Presented by Sue Johnson, Ph.D. and Leanne Campbell, Ph.D.
- Attended 24-hours of training of live, online training for EFIT, completing both levels 1 and 2.
- 12/19/19
- SUICIDE ASSESSMENT & INTERVENTION
Presented by Zur Institute
- Completed a 6-hour, online self-study course regarding suicide.
- 10/10/19 – 10/13/19
- ACES NATIONAL CONFERENCE
Presented by the Association for Counselor Education and Supervision
- Attended the 4-day, national conference in Seattle.
- 02/28/19
- HOW TO WRITE A CACREP SELF-STUDY
Presented by CACREP
- Attended a 7-hour, in-person workshop on how to write a self-study.
- 02/06/19
- PAIN MANAGEMENT
Presented by PESI
- Completed an online training regarding the behavioral, evidence-based treatment of chronic pain.
- 10/26/18
- ETHICS OF CULTURAL SELF-AWARENESS
Presented by the Oregon Mental Health Consortium
- Attended a live, one-day seminar focused around enhancing best practice around cultural self-awareness and social justice, including developing specific tools for working with specific marginalized populations.
- 09/20/18
- THE POWER OF MINDFULNESS
Presented by Jack Kornfield via the NICABM
- Attended a 12-hour CE, online course covering the topic of mindfulness and its use in counseling.
- 06/20/18
- THE ENNEAGRAM IN PSYCHOLOGICAL ASSESSMENT & PRACTICE
Presented by Helen Palmer via Union Institute and University
- Attended a 15-hour CE, online course covering the history, types, and use of the Enneagram in clinical practice
- 01/20/16 – 01/21/16
- DIGITAL ETHICS, SECURITY, AND PRIVACY IN PSYCHOTHERAPY PRACTICE MANAGEMENT
Presented by Zur Institute
- Attended an online course in the essentials needed for ‘digital ethics’ and important concerns around security and privacy in modern psychotherapy practice management, such as HIPAA.

SEMINARS ATTENDED (*continued*)

- 07/29/15 – 08/01/15 EMOTIONALLY FOCUSED THERAPY FOR COUPLES EXTERNSHIP
Presented by Lisa A. Ruderman, LMFT
- Attended a four-day, experiential training on EFT for couples.
- 10/12/14 HOT TOPICS IN ETHICS & RISK MANAGEMENT IN
PSYCHOLOGICAL PRACTICE
Presented by Jeffrey Younggren, PhD & Daniel O. Taube, JD, PhD
- Attended a one-day conference on current legal and ethical issues for psychologists, including working with the media, social media, and more.
- 07/13 – 05/14 TELEPRACTICE THEORIES AND MODELS
Presented by the Telemental Health Institute, Inc.
- Completed 40 continuing education units for an online certification in teletherapy; see licensures and certifications.
- 03/01/14 VICARIOUS TRAUMATIZATION: THE SUPERVISOR'S ROLE IN
SUSTAINGING THERAPISTS AND THERAPIES
Presented by Laurie Anne Pearlman, Ph.D.
- Attending a one-day conference on understanding and dealing with vicarious traumatization as a professional and supervisor.
- 09/13 – 10/13 THE UPROAR OVER DSM-V: HOW THE NEW STANDARDS AFFECT
YOUR PRACTICE
Presented by Psychotherapy Networker
- Listened to weekly interviews by psychologists and psychiatrists discussing the origins, pros, cons, and major changes from DSM-IV-TR to DSM-V.
- 08/13 – 10/13 EATING PSYCHOLOGY CONFERENCE
Presented by the Institute for the Psychology of Eating
- Listened to 30+ online interviews with experts in a variety of fields (e.g., doctors, mental health specialists) to discuss the psychology of eating on an individual, community, and worldwide level.
- 08/13 – 09/13 INTRODUCTION TO SPIRITUAL PSYCHOLOGY
Presented by the University of Santa Monica
- Completed an 8-week, online course introducing spiritual psychology.
- 02/23/13 INNOVATIVE SKILLS FOR CLINICAL SUPERVISORS: A 'HANDS-ON'
EXPERIENTIAL WORKSHOP
Taught by Michael V. Ellis, Ph.D.
- Attended a one-day training presenting and practicing specific practices for clinical supervision.

SEMINARS ATTENDED (*continued*)

- 03/24/12 ETHICS & RISK MANAGEMENT IN THE ELECTRONIC AGE
Taught by Jeffrey Younggren, Ph.D.

Attended a one-day training discussing ethical implications for utilizing electronic media as a part of therapeutic practice.
- 02/10/12 PRACTICING DISABILITY CULTURALLY INFORMED EVIDENCE-
BASED TREATMENT
Taught by Linda R. Mona, Ph.D.

Attended a one-day training aimed at responding appropriately to disability as a multicultural dimension, both in and out of the therapy office.
- 07/11 – 08/11 THE ROAD TO CLINICAL EXCELLENCE
Taught by Scott Miller, Ph.D., Etienne Wenger, Ph.D., Barry Duncan, Psy.D., Michael Lambert, Ph.D., William Pinsof, Ph.D. & more!

Attended a six-session webinar series on improving our clinical practice.
- 06/11 – 07/11 TREATING TRAUMA
Taught by Peter Levine, Ph.D., Matthew Friedman, M.D., Ph.D., Allan Schore, Ph.D., & Stephen W. Porges, Ph.D.

Attended four of six sessions of a webinar series on how to treat trauma.
- 06/13/11 – 06/24/11 THERAPIST VIRTUAL LEADERSHIP CONFERENCE
Taught by Casey Truffo, Miranda Palmer, Clinton Power, & more!

Attended seven webinars on how to effectively and ethically utilize technology in clinical practice.
- 05/20/11 ATTACHMENT AND THE THERAPIST
Taught by David Wallin, Ph.D.

Attended a training on how the therapist's attachment style impacts treatment.
- 04/11 – 05/11 DIETS AND OUR DEMONS
Taught by Judith Matz, LCSW, Judith Beth, Ph.D., Linda Bacon, Ph.D.

Attended a four-session webinar series on body image and dieting issues from a psychological and therapeutic perspective.
- 04/11 – 05/11 THE GREAT ATTACHMENT DEBATE
Taught by Alan Sroufe, Ph.D., Jermone Kagan, Ph.D., Dan Siegel, M.D., David Schnarch, Ph.D., Allan Schore, Ph.D., & Susan Johnson, Ed.D.

Attended a six-session webinar series on attachment theory and therapy for individuals and couples. Presenters argued both for and against the theory.
- 03/11 – 04/11 NEW BRAIN SCIENCE SERIES
Taught by Rick Hanson, Ph.D., John Ratey, M.D., John Arden, Ph.D., &

Attended 4 webinars on implementing neuroplasticity findings in therapy.

SEMINARS ATTENDED (*continued*)

- 02/11 – 03/11 **NEW PERSPECTIVES ON COUPLES**
Taught by Susan Johnson, Ph.D., Harville Hendrix, Ph.D., & more!
- Attended a six-session webinar series on issues and perspectives in couples therapy ranging from building rapport to treating affairs.
- 03/11/11 **HEALING MOMENTS IN TRAUMA TREATMENT**
Taught by Jon Kabat-Zinn, Ph.D, Daniel Siegel, MD, Pat Ogden, Ph.D., Trudy Goodman, Ph.D., & Bessel van der Kolk, MD
- Attended one-day of the annual attachment and interpersonal neurobiology conference at UCLA, learning about mindfulness and trauma.
- 10/01/10 – 10/02/10 **COUPLES THERAPY: A RESEARCH BASED APPROACH**
Taught by John Gottman, Ph.D. & Julie Schwartz Gottman, Ph.D.
- Attended a two-day training focused on understanding the current research related to couples and applying it to assessment and interventions in therapy.
- 08/12/10 – 08/14/10 **AMERICAN PSYCHOLOGICAL ASSOCIATION**
- Attended APA's conference in San Diego, attending seminars on diverse topics such as practicing in the digital age, mindfulness, clinical supervision, evidence-based practice, and the effectiveness of psychodynamic therapy.
- 03/09/10 **LAW & ETHICS**
Taught by Linda J. Garrett, J.D.
- Attended a one-day training focused on reviewing new law and ethics requirements, a review of confidentiality concerns and chain of command issues, and the importance of disaster planning for behavioral health clients.
- 03/02/10 **PERINATAL MOOD DISORDERS**
Taught by Diana Lynn Barnes, Psy.D. & Merrill Sporago, M.D.
- Attended a one-day training aimed at improving the assessment/identification of perinatal mood disorders, discussing risk factors, identifying multiple therapeutic approaches, and examining the impact on attachment disruptions.
- 02/22/10 **JUVENILE FIRESETTER TRAINING**
Taught by Kenneth R. Fineman, Ph.D, A.B.P.P.
- Attended a one-day training focused on defining firesetting, discussing casual factors, and examining the assessment & treatment of juvenile firesetters.
- 12/02/09 **CLINICAL SUPERVISION**
Taught by Marshall Jung, D.S.W.
- Attended a one-day training on clinical supervision, covering supervision methods, contracts, common dilemmas, and ethical considerations.

SEMINARS ATTENDED (continued)

- 11/16/09 – 11/18/09 **TRAUMA RESILIENCY MODEL**
Taught by Julie Porter, M.S.W. & Elaine Miller-Karas, M.S.W., L.C.S.W.
- Attended a three-day seminar focused on teaching skills to stabilize, reduce, and/or prevent the emotional and physical symptoms of traumatic stress within a brief treatment setting and/or emergency situation.
- 08/18/09 **NON-VIOLENT CRISIS INTERVENTION**
Taught by Crisis Prevention Institute (CPI)
- Attended a one-day training on how to identify and respond effectively to the warning signs that someone is beginning to lose control.
- 11/08/08 **DERIVING MEANING FROM A SINGLE SESSION**
Taught by Alan Karbelnig, Ph.D.
- Attended a one-day seminar aimed at recognizing the key moments in individual therapy sessions and how these moments reflect themes in clients' lives. The seminar utilized theory by Bion, Freud, Klein, and Fairburn.
- 10/07/08 **PARENT-CHILD INTERACTION THERAPY**
Taught by Jean McGrath, Ph.D. & Susan Timmer, Ph.D.
- Attended a one-day seminar on parent-child interaction training. This therapeutic modality provides parents with tools for behavior management and relationship enhancement *in vivo* as they play with their children.
- 05/21/08 **TRANSFORMING THE DIFFICULT CHILD: THE NURTURED HEART APPROACH** - *Taught via videotape by Howard Glasser*
- Attended a one-day seminar on maximizing children's experiences of success.
- 04/16/08 **THE INCREDIBLE YEARS**
Taught by Jamila Reid, Ph.D.
- Attended a one-day of a seminar on leading behavioral modification groups for children; the seminar included tools for teaching parents the techniques.
- 11/03/06 – 11/04/06 **THE TRANSFORMING POWER OF EMOTION**
Taught by Leslie Greenberg, Ph.D.
- Attended a two-day seminar on the transforming power of emotion in individual and couples therapy taught by Leslie Greenberg, Ph.D.
- 09/21/04 – 10/26/04 **SPIRITUAL FORMATION**
Organized by the Institute of Spiritual Formation
- Attended weekly seminars on spiritual transformation taught by a variety of speakers, including Dallas Willard, Bruce Demarest, and David Benner.

ADDITIONAL RESEARCH EXPERIENCE

- 01/12 – 05/13 ATTACHMENT STYLE AND SELF-IDENTITY AS PREDICTORS OF ROMANTIC RELATIONSHIPS QUALITY AMONG EMERGING ADULTS
Participated in a dissertation committee for a Rosemead doctoral candidate.
- 08/09 – 05/10 AB2726 ESSENTIAL LEARNING CLASSES
Designed seven on-line courses for administrative, clinical, and supervisory staff at San Bernardino County to learn and annually review the regulations for AB2726. Tested the courses utilizing pre- and post-test measures.
- 02/08 – 12/09 BEYOND ATTACHMENT: THE IMPORTANCE OF IDENTITY IN ADULT ROMANTIC RELATIONSHIPS
Wrote an original, doctoral literature review on the importance of identity in adult, romantic relationships.
- 09/06 – 05/10 JOURNAL OF PSYCHOLOGY AND THEOLOGY
Reviewed articles in psychological journals and published summaries of interest to our readers on a quarterly basis.
- 09/05 – 12/05 SPIRITUAL DEVELOPMENT PROJECT
Acted as a Research Assistant for the Biola Spiritual Development Project. Received training in conducting semi-structured interview based on Adult Attachment Interview (AAI) methodology. Then conducted semi-structured interviews on spirituality of college students.

PROFESSIONAL GROWTH

Individual spiritual direction (50+ hours)
Individual didactic psychotherapy (50+ hours)

ASSESSMENT EXPERIENCE

Intelligence

Naglieri Nonverbal Ability Test (NNAT) ~ 6
Peabody Picture Vocabulary Test – Third Edition (PPVT-III) (Form III) ~ 3
Raven's Progressive Matrices and Vocabulary Scales (Raven's) ~ 3
Wechsler Abbreviated Scale of Intelligence (WASI) ~ 5
Wechsler Adult Intelligence Scale-Third Edition (WAIS-III) ~ 15
Wechsler Intelligence Scale for Children-Fourth Edition (WISC-IV) ~ 13
Woodcock-Johnson Tests of Cognitive Abilities-Third Edition (WJ-III) ~ 1

Achievement

Wechsler Individual Achievement Test-II (WIAT-II) ~ 7
Wide Range Achievement Test, Revision 3 (WRAT-III) ~ 2
Wide Range Achievement Test, Fourth Edition (WRAT-IV) ~ 10
Woodcock-Johnson III Tests of Achievement (WJ-III) ~ 1

ASSESSMENT EXPERIENCE (*continued*)

Processing

Beery Developmental Test of Visual Motor Integration-Fifth Edition (VMI) ~ 14
Bender Gestalt II (Bender-II) ~ 1
Comprehensive Test of Phonological Processing (CTOPP) ~ 1
Motor-Free Visual Perception Test-Third Edition (MVPT-3) ~ 1
Rey Complex Figure Test and Recognition Trial (RCFT) ~ 5
Test of Auditory Perceptual Skills-Third Edition (TAPS-III) ~ 3
Test of Visual-Perceptual Skills (non-motor)-Revised (TVPS-R) ~ 2
Trail Making A & B ~ 1
Wide Range Assessment of Memory and Learning-Second Edition (WRAML-II) ~ 2
Wide Range Assessment of Memory and Learning (WRAML) ~ 3
Wisconsin Card Sorting Test (WCST) ~ 4

Attention

Attention-Deficit/Hyperactivity Disorder Test (ADHDT) ~ 1
Attention-Deficit Scales for Adults (ADSA) ~ 7
Conners' Teacher Rating Scale – Revised: Long Version (CTRS-R:L) ~ 5
Conners' Parent Rating Scale – Revised: Long Version (CPRS-R:L) ~ 5

Personality & Behavior (Objective)

Achenbach System of Empirically Based Assessment (ASEBA) ~ 3
Beck Depression Inventory-2nd Edition (BDI-II) ~ 8
Beck Anxiety Inventory (BAI) ~ 3
Behavior Assessment Scale for Children-Second Edition ~ 4
Behavior Assessment Scale for Children ~ 9
Children's Depression Inventory (CDI) ~ 1
Gilliam Asperger's Disorder Scale (GADS) ~ 3
Gilliam Autism Rating Scales, Second Edition (GARS-2) ~ 5
Millon Clinical Multiaxial Inventory-3rd Edition (MCMI-III) ~ 6
Minnesota Multiphasic Personality Inventory-Second Edition (MMPI-2) ~ 12
Personality Inventory for Children, Second Edition (PIC-2) ~ 2
Personality Inventory for Youth (PIY) ~ 4
Roberts-2 (R-2) ~ 1
Vineland Adaptive Behavior Scales, Second Edition (Vineland-II) ~ 11

Personality & Behavior (Projective)

Draw A Person: Screening Procedure for Emotional Disturbance (DAP:SPED) ~ 1
House-Tree-Person Drawings (HTP) ~ 9
Rorschach Inkblot Test ~ 12
The Forer Structured Sentence Completion Test-Form M (SC) ~ 5
Thematic Apperception Test (TAT) ~ 6

Miscellaneous

Cognistat ~ 1
Folstein Mini Mental State Exam ~ 1
Hand Dynamometer ~ 1
Miller Forensic Assessment of Symptoms Test (M-FAST) ~ 2

NUMBER OF BATTERIES COMPLETD IN FULL: 30

GRADUATE TRAINING COURSES IN PSYCHOLOGY

Supervised Clinical Labs

Cognitive-Behavior Therapy
Psychotherapy with Couples
Psychodynamic Therapy
Advanced Couples
Clinical Supervision and Consultation
Gestalt Psychotherapy
Group Therapy

Psychodiagnostic Assessment

Measurement & Assessment I: Intellectual
Measurement & Assessment II: Personality
Measurement & Assessment III: Projective

Research

Research Design
Advanced Statistics
Doctoral Research Seminar

Theory

Ethical & Professional Issues
Alcohol and Substance Abuse
Advanced Developmental Psychology
Learning Cognition and Affect
Human Sexuality
Introduction to Psychotherapy
Introduction to Psychopathology
History/Systems of Psychology
Social Psychology
Family Psychology/Psychopathology
Attachment & Spiritual Development
Nature & Scope of Integration
Psychotherapy & Religion
Topics of Integration
Spirituality and Therapy
Theology I: Foundations of Integration
Theology II: Theology & Psych Modes
Theology V: Spiritual Theology
Multicultural Issues in Clinical Psychology
Psychopharmacology

MULTICULTURAL EXPERIENCES

01/03 – 11/03

YOUTH WITH A MISSION
International

Attended a three month course in Switzerland, a three month course in Nigeria & South Africa, and a three month counseling school in Hawaii. Lived, worked, traveled, and learned with students from a variety of nations and backgrounds.

08/99 – 12/99

EUROPEAN NAZARENE COLLEGE
Busingen, Switzerland

Attended one semester of college at a small university on the border of Germany and Switzerland. Lived in a community of approximately 100 people from 20 different nations.

08/97 – 05/01

POINT LOMA NAZARENE UNIVERSITY
San Diego, CA

Joined a team of 15 students on a trip to live with and serve a community in Australia. Also joined students in taking weekend trips to serve in Mexico.

OTHER APPLICABLE EXPERIENCES

09/01 – 08/06

AMERIQUEST MORTGAGE COMPANY

Worked in Human Resources as a Compensation & Benefits Analyst. Trained peers. Wrote communication materials. Managed vendors. Analyzed data. Researched and implemented new programs. Wrote job descriptions. Administered compensation plans. Managed annual projects, including open enrollment and merit/bonus plans. Performed due diligence audits.

08/99 – 05/01

MARINERS CHURCH

Volunteered in both the high school and college groups. Led a process-oriented group discussing spiritual themes for eight college peers. Planned events. Managed the greeting program and participants.

08/97 – 05/01

POINT LOMA NAZARENE UNIVERSITY

Led a process-oriented group discussing spiritual themes and adjustment to college for 25 college freshmen. Participated in training and a peer small group for the aforementioned activity. Also volunteered at a skate park for junior high students.

REFERENCES

Mariah LeFeber
(608) 957-1664

mariahlefeber@gmail.com

Fellow therapist; Former colleague at Multnomah University, 2016-2023

Jeremiah Peck
(503) 309-4423

peck.jeremiah@gmail.com

Fellow therapist; Former colleague at Multnomah University, 2021-2023

Courtney Widger Slater
(562) 631-8410

courtney.l.slater@gmail.com

Fellow psychologist; Former academic peer and ongoing consultant.