

# Mariah Meyer LeFeber PhD, LPC, BC-DMT

Educator, Dance/Movement Therapist, Licensed Professional Counselor, Clinical Supervisor  
www.mariahlefeber.com

## EDUCATION

<b>PhD</b> Counselor Education and Supervision (CACREP Accreditation) University of the Cumberlands – Williamsburg, Kentucky <i>Completed April 2022, 4.0 Cumulative GPA</i>	<b>2022</b>
<b>MA</b> Dance/Movement Therapy & Counseling Columbia College – Chicago <i>Completed December 2007, 4.0 Cumulative GPA</i>	<b>2007</b>
<b>BA</b> BA in Dance & Psychology Summa Cum Laude University of Minnesota – Twin Cities <i>Completed May 2004</i>	<b>2004</b>

## PROFESSIONAL EXPERIENCE in HIGHER EDUCATION

<b>George Fox University – Portland, Oregon</b> Associate Professor of Counseling – 2023-present	<b>2023-present</b>
<b>Multnomah University – Portland, Oregon</b> Assistant/Associate Professor of Counseling – 2017-2023 Academic Team Lead // Master of Arts in Counseling Program – 2022-2023 Adjunct Instructor of Counseling – 2016-2017	<b>2016-2023</b>
<b>University of Wisconsin – Madison, Wisconsin</b> Associate Lecturer, School of Education – 2010-2015 Outreach Specialist, PLACE: Professional Learning and Community Education – 2015-2023	<b>2010-2023</b>
<b>American Dance Therapy Association // Alternate Route Education</b> Course Development and Instruction ADTA Graduate Courses in Dance/Movement Therapy	<b>2016-present</b>
<b>Antioch University – Seattle, Washington</b> Adjunct Instructor – June 2023 Department of Applied Psychology // Dance/Movement Therapy	<b>2023</b>

## CLINICAL PRACTICE

<b>Clinical Supervisor</b> Approved LPC Supervisor – State of Oregon <i>Providing individual and group supervision for Dance/Movement Therapists, Associate Level Professional Counselors and Master of Arts Level Graduate Students</i>	<b>2017-present</b>
--	---------------------

**Clinician** 2007-present

Private Practice Clinician – Dance/Movement Therapy & Counseling 2016-present  
*Providing individual and group psychotherapy for children, adolescents and adults*

Mental Health Therapist & Consultant – Imagine a Child’s Capacity, Madison WI 2013-2015  
*Providing in-home therapy for children and families contracted with the State of Wisconsin and Comprehensive Community Services (CCS) Program*

Dance/Movement Therapist – Hancock Center for Dance/Movement Therapy, Madison WI 2007-2015  
*Providing individual and group psychotherapy for children, adolescents and adults in an outpatient setting*

Mental Health Therapist – Common Threads Family Resource Center, McFarland WI 2007-2010  
*Providing individual and group psychotherapy for children impacted by neurodiversity, developmental delays, and developmental trauma*

**RESEARCH**

UW Madison Arts Collaboratory Research Team Member for National Endowment for The Arts Research Lab 2021-present  
*UW Community Arts Collaboratory Research Lab: Mixed Methods Research for Understanding How Arts Education Leads to Social Emotional Learning Skills and Growth for Students and Teachers*

Doctoral Dissertation, *Dance/Movement Therapy Supervision: A Delphi Study* 2020-2022  
 University of the Cumberlands

Master of Arts Thesis, *Healing the Worshipping Body* 2006-2007  
 Columbia College Chicago

**LEADERSHIP**

**Assistant Dean of the Undergraduate School** 2022-2023  
 Multnomah University, Portland, OR  
*Responsibilities included chairing the General Education Committee, overseeing the Liberal Arts Core assessment process, serving on the Student Care Committee, overseeing undergraduate adjunct faculty members, and supporting the Dean and full-time faculty members.*

**Academic Team Lead for Master of Arts in Counseling Program** 2022-2023  
 Multnomah University, Portland, OR  
*In addition to full-time teaching responsibilities, this position included overseeing the Oral Examination capstone process (and any remediations) for students ready to earn their Master of Arts in Counseling, assuring they had the competency to step out into the world as fully resourced clinicians.*

**Faculty Advisor, Disability Advocacy Coalition (DAC)** 2021-2023  
 Multnomah University, Portland, OR  
*Faculty advisor for a student-initiated organization honoring all students’ unique needs and carving out an accepting space for acknowledging and celebrating them on campus*

**Instructor, Inclusive Dance Classes** 2020-present  
 Classical Ballet Academy, Portland, OR  
*Weekly dance classes for neurodiverse and developmentally delayed children, teenagers and high school aged dance partners*

## **PUBLICATIONS**

**LeFeber, M.,** Kawano, T., & Blanc, V. (2023). Embodiment in online education: Promising practices. *Body, Movement & Dance in Psychotherapy*. DOI: 10.1080/17432979.2023.2255245

Corby, K., **LeFeber, M.,** & Patterson, M. (2022). Interdisciplinary integration: Linking differentiated p(arts) to create accessible dance experiences. *Journal of Dance Education*, 22:3, 181-187, DOI: 10.1080/15290824.2022.2098302

**LeFeber, M.** (2021). Movement initiation: Beginning a career in dance/movement therapy. In *PERFORM Creative Arts Therapies Careers: Succeeding as a Creative Professional*, edited by Sally Bailey. Routledge

**LeFeber, M.** (2014). Working with children using dance/movement therapy. In *Integrating Expressive Arts and Play Therapy with Children and Adolescents*, edited by Dr. Eric Green and Dr. Athena Drewes. John Wiley Publishers.

**LeFeber, M.** (2010). Dance/movement therapy and autism. In *Cutting Edge Therapies for Autism*, edited by Ken Siri and Tony Lyons. Skyhorse Publishing.

**LeFeber, M.** (2009). The movement's message: Dance/movement therapy & children with autism. In *The Use of Creative Arts Therapies with Autism Spectrum Disorder*, edited by Stephanie L. Brooke. Charles C. Thomas Publishers.

Corby, K., **LeFeber, M.,** & Patterson, M. (2019). *Performing Ourselves Teacher Handbook*, unpublished comprehensive teacher training handbook for the Performing Ourselves Dance Program, University of Wisconsin, Madison.

## **CONFERENCE PROCEEDINGS**

**LeFeber, M.,** Kawano, T., & Blanc, V. (2022). Renewing Connections & Recalibrating Embodiment in Hybrid DMT Pedagogy & Supervision. American Dance Therapy Association Annual Conference.

**LeFeber, M.** & Halsten, R. (2018). Self-Regulation & Relational Trauma: Where the Art of Movement Intersects with Neuroscience. American Dance Therapy Association Annual Conference.

## **PROFESSIONAL PRESENTATIONS & TRAININGS**

- |      |   |
|------|---|
| 2023 | Association for Counselor Education & Supervision Conference – Embodied Pedagogies for All Bodies: Extending Universal Design to Experiential Learning  |
| 2023 | George Fox University // Graduate School of Counseling Continuing Education – 30 Hour Clinical Supervision Training   |
| 2022 | American Dance Therapy Association Annual Conference – Renewing Connections & Recalibrating Embodiment in Hybrid DMT Pedagogy & Supervision   |
| 2022 | Western Association for Counselor Education & Supervision Conference – Continued Implementation: Application of the Updated ASERVIC Spiritual Competencies in Counselor Education & Supervision |
| 2022 | University of the Columbians Supervision Series – Experiential Supervision  |

- 2022 Multnomah University Master of Arts in Counseling Program – Experiential Supervision: Training for Clinical Supervisors
- 2022 Theatre & Dance for Very Young Children Virtual Conference, April 2022 – Interdisciplinary Integration for Accessible Dance Experiences
- 2021 University of the Cumberlands Doctoral Student Residency, Online September 2021 – The Embodied Counselor: Bringing our Bodies to Work
- 2021 Wisconsin Arts Integration Symposium, February 2021 – BrainDance: A Movement Tool for the Brain and Body
- 2020 American Dance Therapy Association Annual Conference – DMT as Advocacy: Crossing Borders & Building the Future Through an Advocacy Competencies Framework (proposal accepted, presentation canceled due to COVID-19)
- 2018 Sunnyside Elementary School Staff Presentation, Clackamas, OR – The Dance of Self-Regulation
- 2018 American Dance Therapy Association Annual Conference – Self-Regulation & Relational Trauma: Where the Art of Movement Intersects with Neuroscience
- 2018 Sensory PDX: Transforming Therapy Strategies, Portland, OR
- 2017 Fostering Resilience Through Movement – Portland Creative Arts Therapists Association
- 2016 Moving Circle Dance & Movement Therapy Conference, Hong Kong – Keynote Speaker, Understanding & Working with Autism Spectrum Disorder
- 2016 World Dance Alliance of the Americas Annual Conference – Empowering Youth & Fostering Resilience: Performing Ourselves Community Dance Program
- 2016 Yoyoyogi Teacher Training, Portland, OR – Trauma Sensitivity & Awareness for Yoga Instructors
- 2014 American Dance Therapy Association Annual Conference – Performing Ourselves Community Dance Program
- 2014 UW Madison - Midwest Conference for Child Sexual Abuse, Madison, WI – Creating Calm in the Chaos: Self-Regulation in Traumatized Children & Adults
- 2014 UW Madison Kinesiology Department – Introduction to Dance/Movement Therapy
- 2013 UW Madison - Midwest Conference for Child Sexual Abuse, Madison, WI – Movement with Children in the Therapeutic Setting
- 2012 Experiential Educator National Conference, Galena, IL – Using Movement in the Classroom
- 2012 American College Dance Association, Central Region Conference – Introduction to Dance/Movement Therapy
- 2012 Mental Health & Substance Abuse Conference, Wisconsin Dells, WI – Intro to Dance/Movement Therapy
- 2011 University of Minnesota, Twin Cities Dance Department – Careers in Dance/Movement Therapy
- 2010 Mental Health & Substance Abuse Conference, Wisconsin Dells, WI – Introduction to Dance/Movement Therapy
- 2008 Autism Society of Wisconsin Annual Conference – Movement & Working with Autism
- 2007 American Dance Therapy Association Annual Conference – Research Poster Session

### TEACHING RESPONSIBILITIES

#### **George Fox University – Portland, Oregon**

Graduate School of Counseling: *Professional Orientation & Ethics, Personality and Counseling Theory, Introduction to Trauma Informed Practice, Human Growth & Development, Treatment Planning, Clinical Supervision, Dance/Movement Therapy Elective*

### **Multnomah University – Portland, Oregon**

Master of Arts in Counseling Program: *Counseling Theories, Advanced Human Growth & Development, Advocacy & Consultation, Treatment Planning, Clinical Supervision, Autism Elective, Dance/Movement Therapy Elective, Prepare/Enrich Elective, Enneagram Elective, Developmental Trauma Elective*

Undergraduate Liberal Arts Programs: *Human Growth & Development, Introduction to Counseling Lab, Introduction to Contemporary Dance*

### **University of Wisconsin – Madison, Wisconsin**

Dance Department: *Introduction to Movement Analysis, Contemporary Dance, Dance/Movement Therapy*

Performing Ourselves Teacher Training: *Annual Teacher Training Intensive including Culturally Relevant & Sustaining Pedagogies, Dance Education, Dance/Movement Therapy & Trauma Informed Practices*

### **American Dance Therapy Association Alternate Route**

In-person and online at various locations across the United States: *Human Development through a Dance/Movement Therapy Perspective, Group Process in Dance/Movement Therapy, The Movement's Message: Working with Children & Trauma*

### **PROFESSIONAL LICENSES, AFFILIATIONS & CERTIFICATIONS**

2020-present	Approved LPC Supervisor for the State of Oregon
2018-present	Association for Counselor Education & Supervision (ACES) Member
2016-present	Licensed Professional Counselor – State of Oregon, #C4064
2010-present	Licensed Professional Counselor – State of Wisconsin, #4382-125
2010-present	Board Certified Dance/Movement Therapist – ADTA, BC-DMT-1087
2010-present	Prepare/Enrich Premarital Counseling Training & Certification
2010-present	American Counseling Association (ACA) Member
2010-2016	Licensed Dance/Movement Therapist – State of Wisconsin, #12-037
2015-2016	50 <sup>th</sup> Anniversary Committee Member, American Dance Therapy Association (ADTA)
2015	Dance Education Laboratory Summer Intensive Completed – New York, NY
2010-2012	President – Wisconsin Chapter, American Dance Therapy Association
2007-2010	Registered Dance/Movement Therapist – ADTA
2008	YogaFit Kids Certification Completed

### **AWARDS & ACCOLADES**

2022	Presenter – American Dance Therapy Association National Conference
2020	Presenter – American Dance Therapy Association National Conference
2018	Presenter – American Dance Therapy Association National Conference
2014	Presenter – American Dance Therapy Association National Conference
2014	Honored Instructor Award – UW Madison University Housing
2011	Wisconsin Dance Council – New Leader in Dance
2010	Honored Instructor Award – UW Madison University Housing
2010	Research Presenter – American Dance Therapy Association National Conference
2005	Columbia College Chicago Graduate Opportunity Award
2004	National American College Dance Festival Performer, Kennedy Center for the Arts

## SELECTED GRANTS

2022	Dane Arts – Madison, WI Madison Arts Commission – Madison, WI Virginia Horne Henry Fund Grant – Madison, WI
2021	Dane Arts – Madison, WI Evjue Foundation, Inc. – Madison, WI Madison Arts Commission – Madison, WI Wisconsin Arts Board – Madison, WI
2020	American Girl Fund for Children, Madison Community Foundation – Madison, WI Dane Arts – Madison, WI Madison Arts Commission – Madison, WI Virginia Horne Henry Fund Grant – Madison, WI
2019	American Girl Fund for Children, Madison Community Foundation – Madison, WI Dane Arts – Madison, WI Evjue Foundation, Inc. – Madison, WI Madison Arts Commission – Madison, WI Virginia Horne Henry Fund Grant – Madison, WI
2018	American Girl Fund for Children, Madison Community Foundation – Madison, WI Dane Arts – Madison, WI Evjue Foundation, Inc. – Madison, WI Door Creek Church Opportunity Grant – Madison, WI Madison Arts Commission – Madison, WI Virginia Horne Henry Fund Grant – Madison, WI Wisconsin Arts Board – Madison, WI
2017	American Girl Fund for Children, Madison Community Foundation – Madison, WI Dane Arts – Madison, WI Evjue Foundation, Inc. – Madison, WI Door Creek Church Opportunity Grant – Madison WI Madison Arts Commission – Madison, WI Virginia Horne Henry Fund Grant – UW, Madison Wisconsin Arts Board – Madison, WI
2016	Evjue Foundation, Inc. – Madison, WI Dane Arts – Madison, WI Door Creek Church Opportunity Grant – Madison, WI Virginia Horne Henry Fund Grant – Madison, WI Movemeant Foundation, Inc. – San Francisco, CA
2015	American Girl Fund for Children, Madison Community Foundation – Madison, WI Wisconsin Center for Education Research – Madison, WI Evjue Foundation, Inc. – Madison, WI Madison Arts Commission – Madison, WI Virginia Horne Henry Fund Grant – Madison, WI Movemeant Foundation, Inc. – San Francisco, CA
2014	American Girl Fund for Children, Madison Community Foundation – Madison, WI Evjue Foundation, Inc. – Madison, WI Virginia Horne Henry Fund Grant – Madison, WI
2012	Ira & Ineva Reilly Baldwin Wisconsin Idea Endowment Grant – UW Madison, Madison, WI

References Available Upon Request